Terry Richardson (FITand50) on Twitter https://twitter.com/FITand50











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Veteran, Educator, Runner, Mom,

Florida

(Joined August 2012

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Let no one discourage your ambritious attitude. You don't need a fan club to achieve your goals. Be your own motivation.





Sometimes the best thing you can do is not think, not wonder, not imagine, not obsess. Just breathe, and have



Tweets Tweets and replies





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The time for action is now. It's never too late to do something. - Carl Sandburg













Jailed Marine Sgt.

Andrew Tahmooressi continues to secure release.





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