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**CALL TO ACTION:**  
 Breastfeeding Rights in California  
 Know Your Rights! More!  
**GOLD RUSH**  
 of Breastfeeding Support  
**5TH ANNUAL BREASTFEEDING SUMMIT**  
 January 28-30, 2015 Wyndham Anaheim Garden Grove

## **Registration OPEN!**

California Breastfeeding Summit [More...](#)



### **Survey**

We are interested in your feedback on your experience with insurance reimbursement for Breastfeeding Support, Services, and Supplies. This information will be shared with our partners to advocate for improved reimbursement of breastfeeding services in California.

[English Survey Link](#)

[Spanish Survey Link](#)

### **Advocate Voices**

## **Great News- We Came in 39th!**

Mary Woelfel, MPH, IBCLC,  
San Joaquin County

We are celebrating in San Joaquin County! The latest California Breastfeeding Report from the UC Davis Human Lactation Center and the California WIC Association shows we are now in 39th place among California counties for exclusive breastfeeding in our hospitals. Yay! Beat the drums! Cue the trumpets!

[More...](#)

## **There's no such thing as a free breast pump**

Samantha Slaughter, IBCLC and Jennifer Pettus, IBCLC,  
Sacramento County

At our WIC office in Sacramento – like many throughout the country – a lot of time is spent dealing with breast pumps – cleaning, inventory, follow-up, issuing to and teaching participants how to assemble and use, training staff, communicating with and educating providers, etc. All this despite the fact that both the cost to rent or purchase a breast pump has been listed as allowable items to bill for under Medi-Cal for many years. One can imagine the excitement in the WIC world when the Affordable Care Act (ACA) passed, requiring health plans to cover “comprehensive lactation support and counseling, by a trained provider during pregnancy and/or in the postpartum period, and costs for renting breastfeeding equipment.” At last, WIC could focus more time and money on breastfeeding promotion and support, instead of running a breast pump depot!

[More...](#)

## **A Grandmother's Gift**

Maria Jose Hummel, MPH, MS,  
Santa Cruz County

Recently I had the opportunity to meet a wonderful woman with an amazing story. I met Connie, along with her grandson Mauricio, at a potluck where we sat together after a health presentation. Her grandson appeared to be particularly attached to Connie so I made a comment about it. She also didn't look like she could be a grandma! That's when she started revealing her amazing tale of love and care for her grandson.

[More...](#)

## **What Does California's SB 402 Mean To You?**

Christine Staricka, IBCLC, CCE,

Bakersfield

This morning, hospital administrators in California wake up to the news that the Governor signed into law Senate Bill 402, requiring that all maternity facilities in California adopt the Baby-Friendly Ten Steps or equivalent practices by 2025.

[More...](#)

## **Breastfeeding IS a Civil Right!**

Genevieve Colvin,  
Los Angeles

Being a new mother is not easy and getting breastfeeding off to a good start is a small – no, make that a HUGE miracle! Add the stress of losing your job because you tried to give your baby the best start in life? I can't even imagine it.

[More...](#)

News & Research

## **Breastfeeding Past 2 Months Lowers Obesity Risk**

Futurity - December 21, 2014

Infants at risk for childhood and adult obesity have a better chance of not becoming overweight if they breastfeed longer than two months.

[More...](#)

## **Lodi Memorial Hospital gets 'baby-friendly' accreditation**

Lodi News-Sentinel - October 22, 2014

Lodi Memorial Hospital has received the official "baby-friendly" accreditation, recognizing the local hospital as one that offers an optimum level of care for infant feeding and mother-baby bonding. It is only the second hospital in San Joaquin County to receive the designation.

[More...](#)

## **Health Tip: Breast-feeding With Diabetes**

HealthDay News - October 22, 2014

Diabetic moms, after talking with their doctors, should still try to breast-feed their babies, some experts say.

[More...](#)

## **Vague ACA Guidelines Create Obstacles for New Moms Needing Breast Pumps**

California Healthline - October 5, 2014

A few months ago, Angela Bass experienced a fairly common problem for mothers who have recently started breastfeeding. Her two-month-old daughter was having trouble nursing, and as a result, Bass was suffering from painful engorgement, a condition that can lead to an infection called mastitis. Her doctor prescribed an electric breast pump to help Bass manage her milk supply while working with a lactation consultant to figure out why her daughter wasn't able to nurse.

[More...](#)

## **Prevalence Estimates of Gestational Diabetes Mellitus in the United States, Pregnancy Risk Assessment Monitoring System (PRAMS), 2007–2010**

Centers for Chronic Disease and Prevention - June 19, 2014

Gestational diabetes mellitus (GDM) is defined as impaired glucose tolerance with onset or first recognition during pregnancy (1). Women with GDM are at high risk for pregnancy and delivery complications including infant macrosomia, neonatal hypoglycemia, and cesarean delivery (2,3). Additionally, women who are affected by GDM have more than a 7-fold increased risk of developing type 2 diabetes 5 to 10 years after delivery (4). Children born to mothers with GDM are also more likely to develop impaired glucose tolerance (5). Risk factors for GDM include higher parity, advanced maternal age, family history of diabetes mellitus, nonwhite race, and overweight and obesity (6–8).

[More...](#)

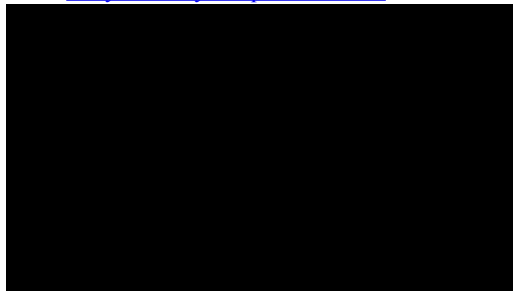
### [5th Annual California Breastfeeding Summit](#)

**January 28-January 30, 2015**

Pre-Conference January 28  
Wyndham Anaheim Garden Grove  
12021 Harbor Blvd.  
Garden Grove, CA 92840

#### Legislation & Resources

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- [Breastfeeding And Working](#)
- [Breastfeeding Data and Statistics](#)
- [Baby-Friendly Hospital Initiative](#)



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📅 **JANUARY – FEBRUARY 2015**

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**Sacramento: Fundamentals of Lactation Consultant Assisting @ Nurse 390 - American River College** 

Jan 20 @ 4:40 pm – May 23 @ 7:10 pm

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**Banning: CAPPA's Certified Lactation Educator Training** 

Jan 21 – Jan 23 all-day

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### Los Angeles: Breastfeeding Education – 45 hour IBCLE Exam Prep Course

Jan 22 – Jan 27 all-day



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### Bakersfield: The Effects of Tongue Tie on Breastfeeding @ Bakersfield College

Jan 23 @ 12:00 pm – 1:30 pm



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### CALIFORNIA-Anaheim: 5th Annual California Breastfeeding Summit @ Wyndham Anaheim Garden Grove

Jan 28 @ 8:00 am – Jan 30 @ 3:30 pm



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### Sacramento: Lactation Educator Training Program @ Community Resource Project, Inc.

Feb 3 @ 8:30 am – Feb 5 @ 5:00 pm



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### Mission Hills: Medical Breastfeeding Experts Speak! (Lactation billing info)

Feb 5 @ 9:00 am – 4:00 pm



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**Sacramento: Lactation Specialist Program @ The Birth Center**

Feb 6 – Feb 8 all-day



**Los Angeles: Breastfeeding Champion Training in Outpatient Settings**

Feb 6 @ 8:30 am – Feb 7 @ 5:00 pm



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**Berkeley: Breastfeeding Resources – SWAG Conference**

Feb 26 – Feb 27 all-day



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## Contact Us

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The California Breastfeeding Coalition's (CBC) mission is to improve the health and well-being of Californians by working collaboratively to protect, promote, and support breastfeeding.